

Year 22/23

Best practice NO:- 2

“Counseling about Menstrual Hygiene& Sanitary Pad Distribution“

Title: Counseling about Menstrual Hygiene& Sanitary Pad Distribution“

Objective:

- 1) Counsel young girl about menstrual hygiene
- 2) Encourage girls to use sanitary pad instead of cloth
- 3) Make sanitary pad available for poor girls who can afford sanitary pad

Context:

Young girl from villages are financially poor and cannot afford sanitary pads every month

Practice:

Rajarshi Shahu institute of management as its moral and social responsibility towards teenage girls who stays in hostel located in vicinity area near our institute comes from villages has taken admissions in n various skill developments courses lack hygiene facility to handle there monthly issues regarding menstruations so our institute taken an initiatives to help them in handling their probelmd and they are guide them properly in usage of pads and counsel them. These girls has been using cloth pad instead of sanitary napkins so they faced a number of problems regarding hygiene and were not able to concentrate on their work because of leakage problems which caused anxiety shamed and discomfort among the girls. This was notices by the lady professors working in the same area and decided to take-up this activity of sanitary pad distributions

Conclusion

- 1) This activity was crucial since this problems needed immediate action to stop girls from being embarrassed while doing their daily activities



“Annual Free Health checkup Camp “

Title: Annual Free Health Checkup Camp

An initiative under institute social responsibility (ISR)

Objective:

- 1) To examine overall Health of rural of populations
- 2) Free of cost
- 3) To provide accessibility to large number of people in rural area
- 4) To create awareness regarding free health checkup among rural masses

Context:

People from villages are financially weak and are unable to afford the health checkup expenses

Practice:

Rajarshi Shahu institute of management as its annual practice takes initiatives under institute social responsibilities to create awareness about increasing health related issues in villages. our institute collaboration with lions club ch.Sambhaji Nagar and doctors from JJ hospital a team went to Shiur Ta.Vaijapur a remote area, health camp were setup and were pamphlets distributed carrying this way information about this camp the venue, timing of health checkup to be carried out this way people in the village came to know about this camp villagers came in large number from morning to evening to get their overall health checkup, apart from this they were examine for cataract problems and told that they can get operated free of cost in hospital of ch. Sambhaji Nagar many rural patients cannot affords for eye checkup as a results government hospitals has long waiting period for checking eyes in ophthalmology department Thus institute has understanding with lions club as partner for this initiatives Institute spends money on patient transportation from different villages to town, expenses on medicine, and expenses on cataract surgery.

Conclusion

- 1) Annual initiatives show a sign of contentment to Management and the entire institute teaching and non-teaching staff member had worked hard to make it successful

Free Health Camp

